

2019 COE Overview

	U9 + U10	U11 + U12	U13 + U14	GOALKEEPING
Birth Year	2009 and 2010	2007 and 2008	2005 and 2006	2005, 2006, 2007, and 2008
LTPD Phase	Game Related Technique	Skill Acquisition Phase	Game Training Phase	SA and GT Phase
Trial Period	None	April 22 – April 26	April 22 – April 26	April 22 – April 26
Block A – Dates	April 29 – July 7	April 29 – August 18	April 29 – August 18	April 29 – August 18
Block B – Dates	September 16 – November 24	September 16 – November 24	September 16 – November 24	September 16 – November 24
Duration	20 weeks - 1x10 weeks - 1x10 weeks	26 weeks - 1x16 weeks - 1x10 weeks	26 weeks - 1x16 weeks - 1x10 weeks	26 weeks - 1x16 weeks - 1x10 weeks
Training Days	Boys: Mon, Wed, and Fri	Boys: Tue and Thu	Boys: Mon and Fri	Boys: Mon and Fri
	Girls: Mon, Wed, and Fri	Girls Mon and Wed	Girls Mon and Fri	Boys: Mon and Fri
Training Times	5:00 pm – 6:00 pm	5:00 – 6:15 pm	5:00 pm – 6:30 pm	5:00 pm – 6:00pm
Field Location	Futsal and Grass (if needed)	Mini Pitch	UA-1 and UA-2	UA-1 , UA-2, and Minipitch
Registration	https://forms.gle/5QbJERSkDbahbh6s8	https://forms.gle/BuwPxLVXh39DK5VEA	https://forms.gle/BuwPxLVXh39DK5VEA	https://forms.gle/BuwPxLVXh39DK5VEA

2019 COE Schedule

April 8 - April 14	
April 15 - April 21	HOLY WEEK
April 22 - April 28	TRIALS TRIALS
April 29 - May 5	U9/U10 - Week 1 U11/U12 - Week 1 U13/U14 Week 1
May 6 - May 12	U9/U10 - Week 2 U11/U12 - Week 2 U13/U14 Week 2
May 13 - May 19	U9/U10 - Week 3 U11/U12 - Week 3 U13/U14 Week 3
May 20 - May 26	U9/U10 - Week 4 U11/U12 - Week 4 U13/U14 Week 4
May 27 - June 2	U9/U10 - Week 5 U11/U12 - Week 5 U13/U14 Week 5
June 3 - June 9	U9/U10 - Week 6 U11/U12 - Week 6 U13/U14 Week 6
June 10 - June 16	U9/U10 - Week 7 U11/U12 - Week 7 U13/U14 Week 7
June 17 - June 23	U9/U10 - Week 8 U11/U12 - Week 8 U13/U14 Week 8
June 24 - June 30	U9/U10 - Week 9 U11/U12 - Week 9 U13/U14 Week 9
July 1 - July 7	U9/U10 - Week 10 U11/U12 - Week 10 U13/U14 Week 10
July 8 - July 14	U11/U12 - Week 11 U13/U14 Week 11
July 15 - July 21	U11/U12 - Week 12 U13/U14 Week 12
July 22 - July 28	U11/U12 - Week 13 U13/U14 Week 13
July 29 - August 4	U11/U12 - Week 14 U13/U14 Week 14

August 5 - August 11	U11/U12 - Week 15 U13/U14 Week 15
August 12 - August 18	U11/U12 - Week 16 U13/U14 Week 16
August 19 - August 25	BREAK
August 26 - September 1	
September 2 - September 8	
September 9 - September 15	
September 16 - September 22	U9/U10 - Week 1 U11/U12 - Week 1 U13/U14 Week 1
September 23 - September 29	U9/U10 - Week 2 U11/U12 - Week 2 U13/U14 Week 2
September 30 - October 6	U9/U10 - Week 3 U11/U12 - Week 3 U13/U14 Week 3
October 7 - October 13	U9/U10 - Week 4 U11/U12 - Week 4 U13/U14 Week 4
October 14 - October 20	U9/U10 - Week 5 U11/U12 - Week 5 U13/U14 Week 5
October 21 - October 27	U9/U10 - Week 6 U11/U12 - Week 6 U13/U14 Week 6
October 28 - November 3	U9/U10 - Week 7 U11/U12 - Week 7 U13/U14 Week 7
November 4 - November 10	U9/U10 - Week 8 U11/U12 - Week 8 U13/U14 Week 8
November 11 - November 17	U9/U10 - Week 9 U11/U12 - Week 9 U13/U14 Week 9
November 18 - November 24	U9/U10 - Week 10 U11/U12 - Week 10 U13/U14 Week 10
November 25 - December 1	Thanksgiving

FIELD SCHEDULE	MON	TUE	WED	THU	FRI
UA-2 (Lower)	COE BU14	NT - U16 Boys	NT - U16 Boys	NT - U16 Boys	COE GU14
UA-1 (upper)	COE GU14	NT - U15 Girls	NT - U15 Girls	NT - U15 Girls	COE BU14
Mini Turf	COE GU12	COE BU11/12	COE GU12	COE BU11/12	
Grass	U9/U10 (if needed)		U9/U10 (if needed)		U9/U10 (if needed)
Futsal	U9/U10		U9/U10		U9/U10

Changes indicated in YELLOW BOXES